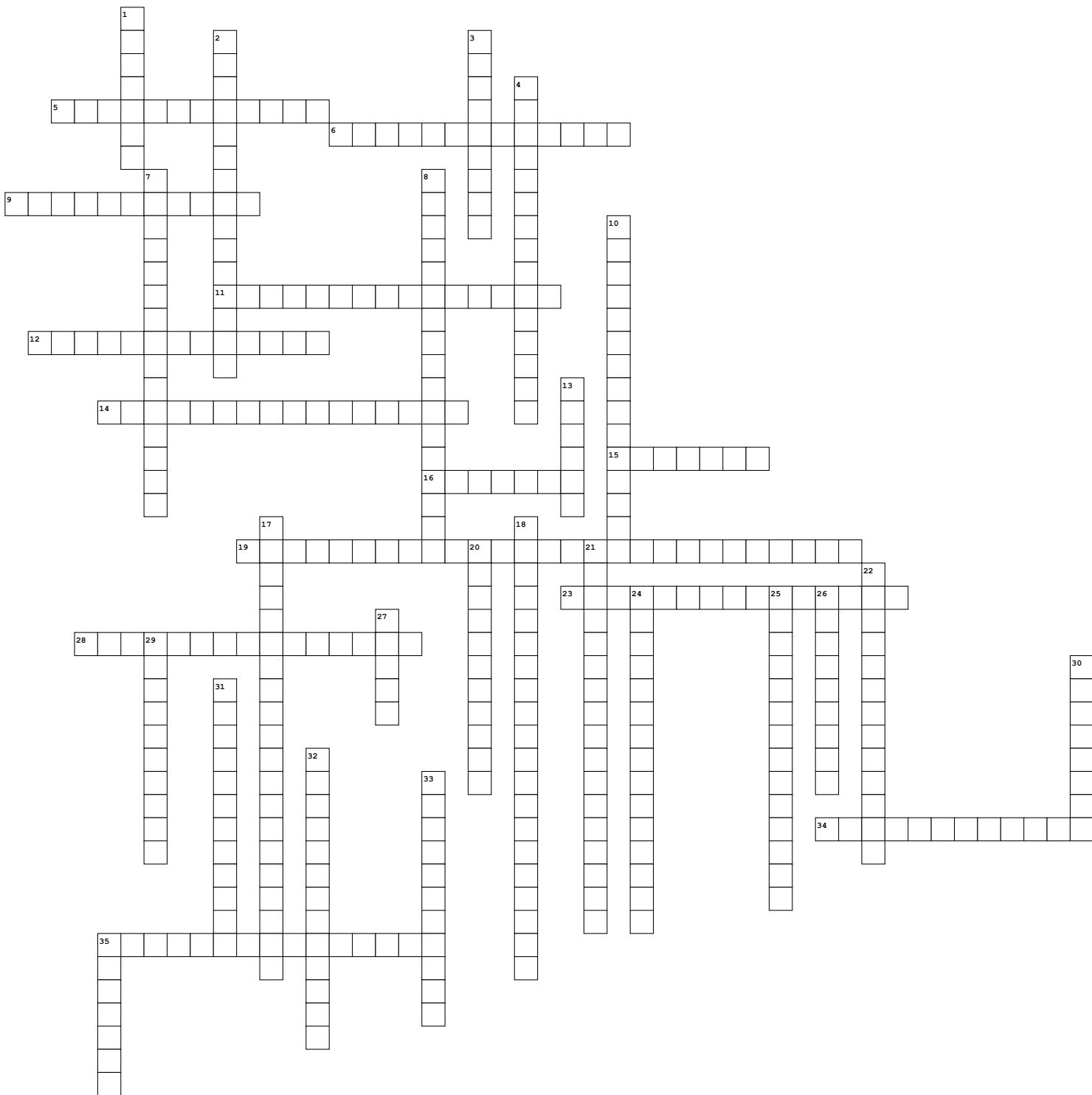


Nutrition Quest



Across

- 5. influence on making you do something
- 6. changes to the food caused by a process
- 9. Person who is skinny from not eating food
- 11. Eating disorder in which a person is scared of fat

Down

- 1. energy put into the body from foods
- 2. Fat from your waist to your hip
- 3. body intake
- 4. what your body consumes

- 12. Ratio to weight to height
- 14. Controlling your weight
- 15. a overweight person
- 16. Exercise for the body
- 19. amount of nutrients needed
- 23. minimum amount of energy to maintain body process
- 28. long term diabetes
- 34. Physician who cares for infants
- 35. adverse physical reaction
- 7. Activity that keeps you healthy
- 8. Foods with nutrients
- 10. condition marked by emotions
- 13. a physical or mental tension
- 17. process of making gradual permanent changes to the body
- 18. when a person eats larges amount in a short period of time
- 20. lack of water in the body
- 21. Vigorous activity that causes intense burst of activity
- 22. Diet for what a person needs
- 24. Vigorous activity that increase heart and breathing rate
- 25. a eating disorder or binge
- 26. Production of breast milk
- 27. unborn baby
- 29. Person that suffers from obesity
- 30. how long something lives
- 31. care for a women during pregnancy
- 32. a healthy maintained weight
- 33. Allergic to a food
- 35. popular weight loss method