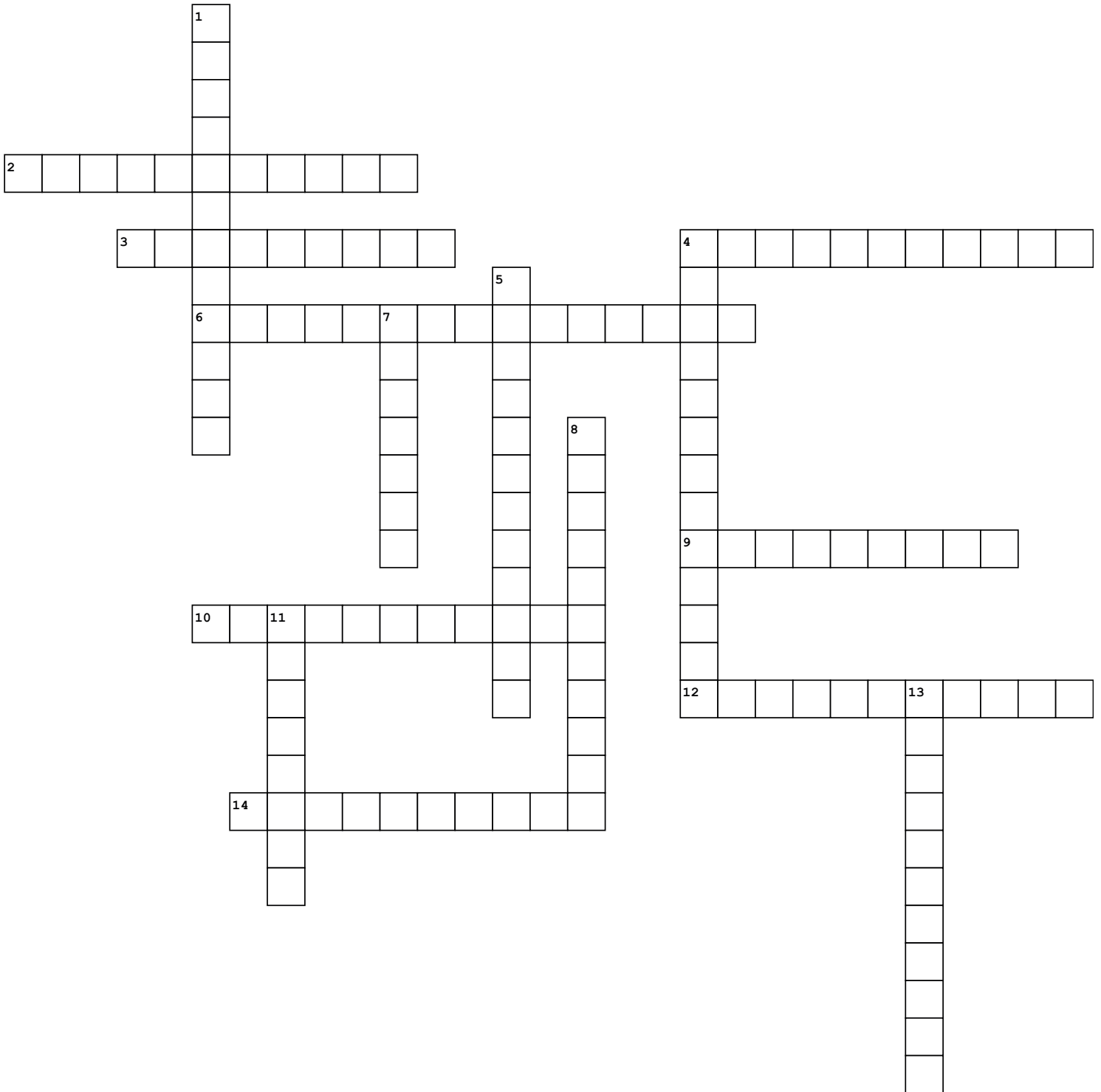


# running rapids



## Across

- drop on nepisiguit and LSW Miramichi
- rocky turn on MSW Miramichi
- nashwaak, also known by Narrows
- Nepisiguit rapid

## Down

- quickwater on the Oromocto
- five-foot drop on upper Nashwaak
- Lepreau swift
- gorge on the South Renous

- 9. pitch on the Little Southwest Miramichi
- 10. another Lepreau drop
- 12. Magaguadavic run
- 14. Malabean's last leap

- 8. Shogomoc cataract
- 11. quick turn on Restigouche
- 13. connects meadows on Piskahegan